**Week 6**

**Name:**

**Mobile:**

| **Personal Development Workouts** |
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| 1. Watch the movie “Invictus” 2. Watch the London Real interview of David Goggins “You can't hurt me” |
| *Write a short description about this task*  *Link to the folder containing your audio summary* |
| *Write a short description about this task*  *Link to the folder containing your audio summary* |

| **Technical Workouts** |
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| 1. Create a web application.    1. Should have login, signup and home page for users.    2. Should store the user data on a database.    3. Login should be validated. 2. Create an admin panel.    1. Admin panel should have a login with validation.    2. Should be able to view and perform a search on user data.    3. Should be able to create, delete and edit user data.    4. Should handle sessions and cookies properly. 3. Prepare for your full domain review. |
| *Write a short description about this task*  *Link to your screen record video* |
| *Write a short description about this task*  *Link to your screen record video* |

| **Miscellaneous Workouts** |
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| 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don’t spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Write a short description about this task*  *Link to screenshot image* |
| *Write a short description about this task*  *Link to your seminar video* |
| *Link to the document containing notes for your feedback session* |
| *Write a short description about this task*  *Link to your progress video* |